



Ski/Snowboard Skills Level 1 – ATBO 151

Adventure Tourism Business Operation Diploma Program

Course Outline

COURSE IMPLEMENTATION DATE: April 2007
OUTLINE EFFECTIVE DATE: September 2014
COURSE OUTLINE REVIEW DATE: March 2019

GENERAL COURSE DESCRIPTION:

This course is designed for students to develop a sound foundation of ski or snowboard skills and experience. Topics include the fundamentals of skiing or boarding technique, the responsibility code, learner progressions and the use of ski area lifts.

- The alpine skiers take the CSIA Alpine Ski Instructor Level 1 Certification course.
- The snowboarders take the CASI Snowboard Instructor Level 1 Certification course.

Program Information: This is an elective course in the Adventure Tourism Business Operations Diploma Program.

Delivery: This course is delivered face-to-face.

COTR Credits: 2

Hours for this course: 48 hours

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	8
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	40
Other Contact Hours	
Total	48

Practicum Hours:

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	N/A
Total	N/A

Course Outline Author or Contact:

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Signature

APPROVAL SIGNATURES:

Department Head

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Department Head Signature

Dean of Instruction Signature

EDCO

Valid from: September 2014 – March 2019

Education Council Approval Date

COURSE PREREQUISITES AND TRANSFER CREDIT:

Prerequisites: None

Corequisites: None

Flexible Assessment (FA):

Credit can be awarded for this course through FA

Yes No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

Prior Course Number: N/A

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Alpine skiers use the CSIA Instructor Manual.

Snowboarders use the CASI Instructor Manual.

These textbooks will be provided in the course.

Please see the instructor's syllabus or check COTR's online text calculator http://www.cotr.bc.ca/bookstore/cotr_web.asp?IDNumber=164 for a complete list of the currently required textbooks.

LEARNING OUTCOMES:

Upon the successful completion of this course, students should be able to:

- explain the Alpine Responsibility Code;
- explain the role of CSIA (Canadian Ski Instructors Alliance) and CASI (Canadian Association of Snowboard Instructors) as the governing bodies for ski and snowboard instructors in Canada;
- understand teaching theory specific to teaching beginner skier and snowboarders;
- alpine skiers should meet the skills competencies for the CSIA Level 1 Instructor; and
- snowboarders should meet the skills competencies for the CASI Level 1 Instructor.

This course should also help students to

- develop teaching skills;
 - develop interpersonal communication;
 - develop group management skills;
 - develop hazard evaluation skills; and
 - develop critical thinking skills.
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COURSE TOPICS:

Course topics for Alpine Skiers, taking the CSIA Level 1 Instructor Course:

- CSIA Level 1 instructor skills competencies
- Tactics for teaching beginner skiers
- Technical ski skills development
- Developing the overall ski experience of clients
- Fast track to parallel ski progression
- Assessment and development during a ski lesson
- Instructing children to ski

A complete listing of course topics for the alpine ski students is outlined in the CSIA Instructor Manual (provided to students on the course).

Course topics for Snowboarders, taking the CASI Level 1 Instructor Course:

- CASI level 1 instructor standards
- Teaching theory
- Analysis of technical skills
- Teaching progressions
- Beginner to intermediate riding
- Intermediate to advanced riding
- Advanced to expert riding

A complete listing of course topics for the snowboard students is outlined in the CASI Instructor Manual (provided to students on the course).

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

ESSENTIAL SKILLS DEVELOPED IN THIS COURSE:

Students can expect to develop the following skills in this course:

Skills for Busy Students

- Manage study time effectively
 - Use effective note-taking strategies
 - Use support systems and College resources
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EVALUATION AND ASSESSMENT:

COM	Completed to defined standard
NCG	No Credit Granted

This course is graded as complete or incomplete. To complete the course, the student must pass either the CSIA Level 1 exam or the CASI Level 1 exam.

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and use of electronic aids.

EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

ACADEMIC POLICIES:

See www.cotr.bc.ca/policies for general college policies related to course activities, including grade appeals, cheating and plagiarism.

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor will endeavour to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.