



White Water Kayaking Level 2 - ATBO 231

Adventure Tourism Business Operation Program/Administrative Studies

Course Outline

COURSE IMPLEMENTATION DATE: April 2007
OUTLINE EFFECTIVE DATE: September 2013
COURSE OUTLINE REVIEW DATE: April 2018

GENERAL COURSE DESCRIPTION:

This course is designed to develop Whitewater Kayak skills to a higher level than achieved in ATBO 131 Whitewater Kayaking Level 1. After a review and reinforcement of existing skills learned from ATBO 131, new river running and playboating skills will be introduced. Students progress to kayaking on grade 3, and perhaps grade 4, white water.

Program Information: This course is an elective course of the Adventure Tourism Business Diploma program. It is typically taken in the second year of ATBO studies.

Delivery: This course is delivered face-to-face.

COTR Credits: 2

Hours for this course: 56 hours

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	56
Other Contact Hours	
Total	56

Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	N/A
Total	

Course Outline Author or Contact:

Dave Wan, BSci, MA

Signature

APPROVAL SIGNATURES:

Department Head

Ildi Walkley

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Dean of Instruction

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Department Head Signature

Dean of Instruction Signature

EDCO

Valid from: September 2013 – April 2018

Education Council Approval Date

COURSE PREREQUISITES AND TRANSFER CREDIT

Prerequisites: ATBO 131

Corequisites: None

Flexible Assessment (FA):

Credit can be awarded for this course through FA

Yes No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>

Students should also contact an academic advisor at the institution where they want transfer credit.

Prior Course Number: N/A

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

Suggested Reading:

Whiting, Ken and Varette, Kevin, *The Ultimate Guide to Whitewater Kayaking*, Heliconia Press.

Please see the instructor's syllabus or check COTR's online text calculator http://www.cotr.bc.ca/bookstore/cotr_web.asp?IDNumber=164 for a complete list of the currently required textbooks.

LEARNING OUTCOMES:

Upon the successful completion of this course, students should be able to

- identify the hazards of the whitewater environment;
- be proficient in whitewater kayak technique;
- learn some more advanced river running and playboating maneuvers;
- understand group management skills for leading others on the river environment; and
- have a good safety awareness of the white water environment.

Students should also develop

- confidence, self reliance and leadership in the whitewater environment;
 - conservative decision making strategies;
 - instructional skills;
 - leadership experience;
 - group management skills;
 - hazard evaluation skills; and
 - critical thinking skills.
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COURSE TOPICS:

Movement skills – Kayak paddlestrokes
– White water techniques
– Kayak roll
– River running
– Playboating

Technical and safety skills – River rescue

Leadership Skills – Judgement and decision making
– Trip planning and preparation

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

ESSENTIAL SKILLS DEVELOPED IN THIS COURSE:

Students can expect to develop the following skills in this course:

Skills for busy students

- Set educational priorities goals
- Recognize personal learning style
- Develop problem-solving and memory skills
- Practice strategies to reduce stress level and deal with anxiety
- Practice strategies to succeed at exams and tests

Research Skills

- Using the internet to locate information; evaluate information from internet sources

“Getting Hired” Skills

- Recognize personal skills and attributes

EVALUATION AND ASSESSMENT:

Competency Based Skill Development	% Of Total Grade
Movement Skills	60%
Technical and Safety Skills	20%
Leadership Skills	<u>20%</u>
Total	100%

Please see the instructor’s syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments, and use of electronic aids.

EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of “0” for the exam.

COURSE GRADE:

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	C	C-	D	F
Mark (Percent)	≥ 90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	< 50

A grade of "D" grants credit, but may not be sufficient as a prerequisite for sequential courses.

ACADEMIC POLICIES:

See www.cotr.bc.ca/policies for general college policies related to course activities, including grade appeals, cheating and plagiarism.

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor will endeavour to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.