Nursing Practice 3: Promoting Health and Healing – NURS 215
Bachelor of Science in Nursing (BSN) Program

Course Outline

COURSE IMPLEMENTATION DATE: September 2008
OUTLINE EFFECTIVE DATE: September 2017
COURSE OUTLINE REVIEW DATE: April 2022

GENERAL COURSE DESCRIPTION:

This nursing practice experience provides opportunities for learners to develop caring relationships with individuals and families for the purpose of health promotion while coming to understand their health and healing processes when experiencing more complex health challenges, both episodic and chronic. Participants will have opportunities to practice nursing approaches that accompany this understanding. Participants work with families and individuals in the home and community, in agencies, and in care facilities to incorporate concepts and learning from all the courses in this semester into their nursing practice. The community and society are considered as contextual influences on the promotion of health for the individual and the family.

Program Information: This course is required in Year Two of the BSN Program. The materials in this course represent a component of a four year BSN program.

Delivery: This course is delivered face to face.

COTR Credits: 8

Hours for this course: 211

Typical Structure of Instructional Hours:

<table>
<thead>
<tr>
<th>Breakdown</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lecture Hours</td>
<td></td>
</tr>
<tr>
<td>Praxis</td>
<td>39</td>
</tr>
<tr>
<td>Laboratory / Studio Hours</td>
<td></td>
</tr>
<tr>
<td>Practicum / Field Experience Hours</td>
<td>169</td>
</tr>
<tr>
<td>Other Contact Hours*</td>
<td>3</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>211</strong></td>
</tr>
</tbody>
</table>

*Other Contact Hours: Formative and summative evaluation interviews

Practicum Hours (if applicable):

<table>
<thead>
<tr>
<th>Type of Practicum</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>On-the-job Experience</td>
<td>172</td>
</tr>
<tr>
<td>Formal Work Experience</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
</tr>
</tbody>
</table>

Total 172
Course Outline Author or Contact:
Lisa Gold, BSN, MN, RN

APPROVAL SIGNATURES:

Department Head
Norma Sherret
E-mail: nsherret@cotr.bc.ca

Dean of Health and Human Services
Heather Hepworth
E-mail: hepworth@cotr.bc.ca

EDCO

Valid from: September 2017 – April 2022

COURSE PREREQUISITES AND TRANSFER CREDIT:

Prerequisites: Satisfactory completion of the first year of the BSN program.

Corequisites: NURS 210, 213 and BIOL 218

Flexible Assessment (FA):

Credit can be awarded for this course through FA □ Yes ☑ No

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit http://www.cotr.bc.ca/Transfer.

Students should also contact an academic advisor at the institution where they want transfer credit.

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbooks were in use:

There are no specific texts for NURS 215. As this course provides students with the opportunity to integrate their learning from other semester three courses, the texts needed for NURS 210, NURS 213 and BIOL 218 will be used as required in NURS 215.

Equipment required for nursing practice; e.g. stethoscope, pen light and nursing uniform.

Please see the instructor’s syllabus or check COTR’s online text calculator http://www.cotr.bc.ca/bookstore/cotr_web.asp?IDNumber=164 for a complete list of the currently required textbooks.
LEARNING OUTCOMES:

Upon successful completion of this course, students should be able to

- Examine relationships with clients, others and other members of the health care team;
- Integrate theoretical knowledge, including knowledge from both the human science and the natural science paradigms;
- Act as moral agents to promote health and healing;
- Refine and use decision-making “process” for nursing practice skills, and to explore and utilize the expertise of a variety of health team members;
- Practice safely through the ability to practice relational, organizational, decision-making, inquiry and psychomotor skills; and
- Examine the ethical decision-making process in day-to-day practice.

PROCESS:

Participants learn about professional nursing practice, critical thinking, and critical reflection. Practice experiences are supported by praxis seminars which provide opportunities to examine theories and concepts for discussion, exploration, and integration. Praxis involves the examination of the dynamic interplay between theory and practice. Through praxis, participants have opportunities to actively participate in the construction of their own knowledge. Praxis is actualized by critical reflection, journaling, and active participation in nursing practice seminars. Faculty also foster exploration of the role of the nurse in relation to the promotion of health and healing.

Participants engage in a variety of learning activities within the context of nursing practice. Some activities occur in the nursing laboratory where learners have opportunities to develop health assessment skills that enable them to provide safe nursing care.

COURSE CONCEPTS:

Concepts for consideration/integration into practice and praxis seminars reflect those covered in other courses and include, but are not limited to, the following:

CLIENT
- Constitutedness
- Family
- Hardiness
- Individual
- Pathophysiology
- Personal Meaning
- Resilience
- Situatedness
- Vulnerability

CONTEXT
- Community
- Environment
- Family
• Legalities
• Morals, Values and Beliefs
• Spirituality
• Transitions and Change

HEALTH AND HEALING
• Comfort
• Epidemiology
• Healing
• Healing Initiatives
• Illness
• Primary Health Care
• Suffering

INQUIRY
• Diagnostics
• Praxis
• Teaching and Learning
• Ways of Knowing

NURSE
• Accountability
• Decision Making
• Leadership
• Nursing Ethics

RELATIONAL PRACTICE
• Capacities
• Caring
• Collaboration
• Perception
• Power/Power Relations
• Relationship

Please see instructor’s syllabus for the detailed outline of weekly readings, activities and assignments.

EVALUATION AND ASSESSMENT:

<table>
<thead>
<tr>
<th>Assignments</th>
<th>% Of Total Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Presentation</td>
<td>40%</td>
</tr>
<tr>
<td>Decision-Making for Nursing Practice Assignments</td>
<td>60%</td>
</tr>
<tr>
<td>Total</td>
<td>100%</td>
</tr>
<tr>
<td>Practice Appraisal Form (PAF)</td>
<td>Satisfactory or Unsatisfactory</td>
</tr>
</tbody>
</table>

Please see the instructor’s syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and use of electronic aids.
COURSE GRADE:

<table>
<thead>
<tr>
<th>COM</th>
<th>Completed to defined standard</th>
</tr>
</thead>
<tbody>
<tr>
<td>NCG</td>
<td>No Credit Granted</td>
</tr>
</tbody>
</table>

Clinical courses are graded COM/NCG
- Students must complete all evaluative components, demonstrate a level of “satisfactory” on the Practice Appraisal Form, and achieve an overall average of 60% on written assignments to be granted COM.

CLINICAL POLICIES AND PROCEDURES:

*Please refer to instructor’s syllabus.*

EXAM POLICY:

There are no exams in this course.

ACADEMIC POLICIES:

*See [www.cotr.bc.ca/policies](http://www.cotr.bc.ca/policies) for general college policies related to course activities, including grade appeals, cheating and plagiarism.*

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor will endeavor to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.