



Introduction to Psychology 1 – PSYC 101

University Studies Program

Course Outline

COURSE IMPLEMENTATION DATE: Pre 1998
OUTLINE EFFECTIVE DATE: September 2022
COURSE OUTLINE REVIEW DATE: April 2027

GENERAL COURSE DESCRIPTION:

This course provides an introduction to the history, principles, and methods of psychology. Topics may include the brain and behavior, sensation and perception, learning and memory, thinking and language, and states of consciousness.

Program Information: This course can be used as either a required course or an elective in several University Studies Programs. Refer to the College Program Guide for additional information.

Delivery: This course is delivered in face-to-face and online formats.

COTR Credits: 3

Hours for this course: 45 hours

Typical Structure of Instructional Hours:

Instructional Activity	Duration
Lecture Hours	45
Seminars / Tutorials	
Laboratory / Studio Hours	
Practicum / Field Experience Hours	
Other Contact Hours	
Total	45

Practicum Hours (if applicable):

Type of Practicum	Duration
On-the-job Experience	N/A
Formal Work Experience	N/A
Other	N/A
Total	N/A

Course Outline Author or Contact:

Jan White, Ph. D.

Signature

APPROVAL SIGNATURES:

Department Head
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Dean of Business and University Studies
Darrell Bethune
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Department Head Signature

Dean Signature

EDCO

Valid from: September 2022 – April 2027

Education Council Approval Date

COURSE PREREQUISITES AND TRANSFER CREDIT:

Prerequisites: Minimum 65% in either English Studies 12, English First Peoples 12, ENGL 090, or equivalent (refer to Course Equivalency information on the College Website).

Corequisites: None

Flexible Assessment (FA):

Credit can be awarded for this course through FA Yes No

Learners may request formal recognition for flexible assessment at the College of the Rockies through one or more of the following processes: External Evaluation, Worksite Assessment, Demonstration, Standardized Test, Self-assessment, Interview, Products/Portfolio, Challenge Exam. Contact an Education Advisor for more information.

Transfer Credit: For transfer information within British Columbia, Alberta and other institutions, please visit <http://www.cotr.bc.ca/Transfer>.

Students should also contact an academic advisor at the institution where they want transfer credit.

Prior Course Number: N/A

Textbooks and Required Resources:

Textbook selection varies by instructor and may change from year to year. At the Course Outline Effective Date the following textbook was in use:

Cummings, J.A. & Sanders, L. (2019). *Introduction to Psychology*. Saskatoon, SK: University of Saskatchewan Open Press. <https://openpress.usask.ca/introductiontopsychology> CC BY-NC-SA

Please see the instructor's syllabus or check COTR's online text calculator <http://go.cotr.bc.ca/tuition/tCalc.asp> for a complete list of the currently required textbooks.

LEARNING OUTCOMES:

Upon the successful completion of this course, students will be able to

- discuss knowledgeably the major theories and topics in psychology;
 - think critically about psychological research methods and findings;
 - apply psychological principles to individual and/or social problems;
 - demonstrate awareness and appreciation of other perspectives;
 - discuss the complexity of human behaviour;
 - use the Internet as a resource for finding information and answering questions;
 - use written and oral communication skills effectively, employing methods appropriate to message and context;
 - think clearly, fusing experience, knowledge, and reasoning into considered judgment; and
 - identify, interpret and solve problems, effectively implementing and evaluating proposed strategies.
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COURSE TOPICS:

- History of psychology
- Methods of psychological research
- Biological psychology
- Nature, nurture and human diversity
- Sensation and perception
- States of consciousness
- Learning and memory
- Thinking and language

See instructor's syllabus for the detailed outline of weekly readings, activities and assignments.

EVALUATION AND ASSESSMENT - Face-to-Face Delivery:

Assignments	% Of Total Grade
Essays/Assignments	30%
Class Participation	10%
Midterm Exams/Quizzes	40%
Final Exam	<u>20%</u>
Total	100%

EVALUATION AND ASSESSMENT - Online Delivery:

Assignments	% Of Total Grade
Essays/Assignments	25%
Discussion Postings	15%
Midterm Exams/Quizzes	40%
Final Exam	<u>20%</u>
Total	100%

Please see the instructor syllabus for specific classroom policies related to this course, such as details of evaluation, penalties for late assignments and the use of electronic aids.

EXAM POLICY:

Students must attend all required scheduled exams that make up a final grade at the appointed time and place.

Individual instructors may accommodate for illness or personal crisis. Additional accommodation will not be made unless a written request is sent to and approved by the appropriate Department Head prior to the scheduled exam.

Any student who misses a scheduled exam without approval will be given a grade of "0" for the exam.

COURSE GRADE:

Course grades are assigned as follows:

Grade	A+	A	A-	B+	B	B-	C+	C	C-	D	F
Mark (Percent)	≥90	89-85	84-80	79-76	75-72	71-68	67-64	63-60	59-55	54-50	< 50

A grade of "D" grants credit, but may not be sufficient as a prerequisite for sequential courses.

ACADEMIC POLICIES:

See www.cotr.bc.ca/policies for general college policies related to course activities, including grade appeals, cheating and plagiarism.

COURSE CHANGES:

Information contained in course outlines is correct at the time of publication. Content of the courses is revised on an ongoing basis to ensure relevance to changing educational, employment and marketing needs. The instructor will endeavour to provide notice of changes to students as soon as possible. The instructor reserves the right to add or delete material from courses.